

# Senior Scoop

Monthly Newsletter of the Bastrop Senior Center  
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 Barbara Adkins, Editor



## August 2017

Click link for Newsletter-Calendar archive:  
<http://bastropseniorcenter.com/archive0.html>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Copying &amp; paper courtesy Bastrop Copier "Thank you !!!"</b>		<b>1</b> 10 <b>Activity Cmte</b> 10 – 11 - Exercise  1-4 - Texas Hold "Em" <b>6 - 9 -Kitchen Pickers</b>	<b>2</b> 10 -11 Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Gr <b>3:00 TRIAD</b>	<b>3</b> 9:30 - Exercise 11:30 – Pot Luck Lunch/BD/Games	<b>4</b> 9:30 Speed Bingo 10-12 – Bingo  1 - Progressive "42" 1-4 Texas Hold "Em"	<b>5</b> Closed
<b>6</b> Closed: Church Service	<b>7</b> 9- 12 - Quilters <b>1:00 Advisory Cmte</b>  1 – 3 -Line Dancing 5 - Cloggers	<b>8</b> <b>9 – Board Meeting</b> 10-11 Exercise  1-4 - Texas Hold "Em" <b>6 - 9 -Kitchen Pickers</b>	<b>9</b> 10 -11 – Exercise 10-12 Stress Relief Coloring Class  12:30 – Bridge 1 - 3:30 Paint Grp.	<b>10</b> 9:30 - Exercise 10-11 <b>Blood Pressure Ck</b> 11:30 – Lunch/Games	<b>11</b> 9:30 Speed Bingo 10-12 – Bingo  1 - Progressive "42" 1-4 Texas Hold "Em"	<b>12</b> Closed
<b>13</b> Closed: Church Service	<b>14</b> 9 - 12 - Quilters  1 – 3 -Line Dancing 5 - Cloggers	<b>15</b> 10 – 11 - Exercise  1-4 - Texas Hold "Em" <b>6 - 9 -Kitchen Pickers</b>	<b>16</b> 10 -11 – Exercise 10-12 Stress Relief Coloring Class  12:30 – Bridge 1 - 3:30 Paint Grp.	<b>17</b> 9:30 - Exercise  11:30 – Lunch/Games <b>"Beach Day"</b>	<b>18</b> 9:30 Speed Bingo 10-12 – Bingo  1 - Progressive "42" 1-4 Texas Hold "Em"	<b>19</b> Bunco Noon -3:00pm
<b>20</b> Closed: Church Service	<b>21</b> 9 - 12 - Quilters  1 – 3 -Line Dancing 5 - Cloggers	<b>22</b> 10 – 11 - Exercise  1-4 - Texas Hold "Em" <b>6 - 9 -Kitchen Pickers</b>	<b>23</b> 10 -11 – Exercise 10-12 Stress Relief Coloring Class  12:30 – Bridge 1 - 3:30 Paint Grp.	<b>24</b> 9:30 - Exercise  11:30 – Lunch/Games	<b>25</b> 9:30 Speed Bingo 10-12 – Bingo  1 - Progressive "42" 1-4 Texas Hold "Em"	<b>26</b> Closed
<b>27</b> Closed: Church Service	<b>28</b> 9 - 12 - Quilters  1 – 3 -Line Dancing 5 - Cloggers	<b>29</b> 10 – 11 - Exercise  1-4 - Texas Hold "Em" <b>6 - 9 -Kitchen Pickers</b>	<b>30</b> 10 -11 – Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Grp.	<b>31</b> 9:30 - Exercise 11:30 – Lunch/Games <b>Speaker</b>		