

Senior Scoop

Monthly Newsletter of the Bastrop Senior Center
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 Barbara Adkins, Editor

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November 2017

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|--|--|--|
| 1 Closed: Church Service | | Balance Exercise Class - every Tues. & Wed. in Nov. starting at 11:30 am at the Bastrop Christian Church | 1 10 -11 Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Grp. 3:00 TRIAD | 2 9:30 - Exercise 11:30 – Lunch/BD/Games Speaker | 3 9:00 Speed Bingo 10-12 – Bingo Set up for Bazaar – no afternoon games | 4 Annual Craft Bazaar 9:00 a.m.– 3:00 p.m. |
| 5 Daylight Savings time ends Closed: Church Service | 6 9- 12 - Quilters 1 Advisory Committee 1 – 3 -Line Dancing 5 - Cloggers | 7 10 Activity Cmte 10 – 11 - Exercise 1-4 - Texas Hold “Em” 6 - 9 -Kitchen Pickers | 8 10 -11 – Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Grp. | 9 9:30 - Exercise 10-11 Blood Pressure Ck 11:30 – Lunch/Games Speaker | 10 9:00 Speed Bingo 10-12 – Bingo 1 - Progressive “42” 1-4 Texas Hold “Em” | 11 Veteran’s Day Closed |
| 12 Closed: Church Service | 13 9 - 12 - Quilters 1 – 3 -Line Dancing 5 - Cloggers | 14 9 – Board Meeting 10-11 Exercise 1-4 - Texas Hold “Em” 6 - 9 -Kitchen Pickers | 15 10 -11 – Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Grp. | 16 11:00 Annual Membership Meeting 12: 00 Lunch 1:00 Games | 17 9:00 Speed Bingo 10-12 – Bingo 1 - Progressive “42” 1-4 Texas Hold “Em” | 18 Bunco Noon-3:00pm |
| 19 Closed: Church Service | 20 9 - 12 - Quilters 1 – 3 -Line Dancing 5 - Cloggers | 21 10 – 11 - Exercise 1-4 - Texas Hold “Em” 6 - 9 -Kitchen Pickers | 22 10 -11 – Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Grp. | 23 Thanksgiving CLOSED FOR THANKSGIVING | 24 CLOSED FOR THANKSGIVING | 25 Closed |
| 26 Closed: Church Service | 27 9 - 12 - Quilters 1 – 3 -Line Dancing 5 - Cloggers | 28 10 – 11 - Exercise 1-4 - Texas Hold “Em” 6 - 9 -Kitchen Pickers | 29 10 -11 – Exercise 10-12 Stress Relief Coloring Class 12:30 – Bridge 1 - 3:30 Paint Grp. | 30 9:30 - Exercise 11:30 – Lunch/Games | | Copying & paper courtesy Bastrop Copier “Thank you !!!” |