

# Senior Scoop



# December 2017

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<http://bastropseniorcenter.com/archive0.html>

**\*Advisory Committee** - Mon. Dec 4 – 1:00 p.m. The Committee wants to hear your ideas, suggestions, and complaints. **They must be signed and placed in the Red Suggestion Box.** Any male members wanting to join this Committee should contact **Nancy Litzau** at 512-581-2036.

**\*Activity Committee** – Tues. Dec. 5 – 10:00 a.m. Members should submit any ideas they have for special activities or events to the Activity Committee. Please feel free to attend the meeting if you are interested in being a member of this committee.

**\*Creating A Gingerbread House** – Wed. Dec 6 – 1:00 p.m. Come and enjoy the fun of creating your own gingerbread house. You need to bring your gingerbread house already assembled (kits are available at HEB or Walmart) and whatever additional decorations you'd like to add to your gingerbread house.

**\*TRIAD** – Wed. Dec. 6 1 at 3 p.m. at the Senior Center. Come join TRIAD every first Wed. **Bastrop Police Department Officer Tamara McIntyre** and **S.O. Crime Prevention Deputy Craig Stalcup** talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email [tmcintyre@cityofbastrop.org](mailto:tmcintyre@cityofbastrop.org)

**Thursday Lunches – Come and enjoy the fun**  
**Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.**

**\*Pot Luck Lunch** – Thurs. Dec. 7 – 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone. Speaker will be **Psychiatrist Bryan Duncan.**

**\*Birthday Cake Day** – Thurs. Dec. 7 to celebrate all birthdays in December.

**\*Lunch** -Thurs. Dec. 14 – 11:30 a.m. Lunch will be provided by **Marisa and Ali** from Lost Pines Rehab. Come and enjoy some delicious food.

**\*Christmas Party & Luncheon** -Thurs. Dec. 21 – 11:30 a.m. *The Activity Committee will furnish the ham and members are asked to bring a side dish. Remember to bring your gifts for the gift exchange (gift values are not more than \$10.00) Come and enjoy the fun.*

**\*Lunch** -Thurs. Dec. 28 – 11:30 a.m.

**\*Center closed Monday, December 25 for Christmas**

**\*Board Meeting** – Wed. Dec. 12 - 9:00 a.m. To address the Board, please turn in your request to President **Barbara Adkins**, or come and listen, so you will know things discussed, and decisions made.

**\*Stress Relief Coloring Class** – every Wed. – 10:00 to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

**\*Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

**\*New Board Members** – The Annual Membership Meeting was held Thurs. Dec. 16 and the following individuals were elected to a three year term as new Board Members: **Donna Bartsch; Harold Courtney; Judy Jaecks; Mack Morgan, and Pat Vineyard.** Congratulations to our new Board Members. Special thanks to the Activity Committee for providing the meat for our luncheon.

**\*Bylaw Changed** – At the Annual Meeting several changes to the bylaws were approved by a majority of members present. One change is starting in 2018 with membership dues now being paid January 1 through January 31 each year.

**\*Annual Craft Bazaar** – Special thanks to **Maureen Tanner** for all ensuring the craft bazaar was a huge success and **Amy Dittrick and Mary Ann Seidel** for co-chairing the bake sale.

**\*Quilt Raffle Winner** – Congratulations to **Janice Flanagan** as the winner of the Quilt Raffle!

**\*Gun Raffle Winner** – Congratulations to **Martin Perez** as the winner of the Gun Raffle!

**\*Veterans' pictures** – Sat., Dec. 9 from 9:00 am to noon. If your picture and information is not on the Veteran Wall, please plan to attend and have your picture taken. Photographer **Linda Bauer** has volunteered to take the Veterans' pictures for us.

**\*Blood Pressure Checks:** Wesley Nurse **Sharlene Scheler** will be at the Center for blood pressure checks the second Thursday of each month from 10:00 to 11:00 a.m.

**\*Volunteer of the Month** - Congratulations to **Mary Ann Seidel.** Mary Ann is an active member of the Senior Center and is always willing to help. She actively participates in the Stress Relief Coloring Class; helps with providing meals for Thursday luncheons; and assists in the kitchen as needed. Mary Ann was a co-chair for the Bake Sale in November. When you see Mary Ann let her know you appreciate what she does for the Center.

**\*Caring Corner** – Our wishes for continued recovery go to all the victims of the bus/train accident. Get well wishes go to **Darlene Gahm, Paul Tanner, and Leola Carman.** Our sympathy goes to the family of **Roy Vasquez** at their loss. If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** so those folks are mentioned in our newsletter.

## **Christmas Gift Suggestions:**

*To your enemy, forgiveness  
To an opponent, tolerance  
To a friend, your heart  
To a customer, service  
To all, charity  
To every child, a good example  
To yourself, respect  
(Oren Arnold)*