

Senior Scoop



February 2018

Click link for Newsletter-Calendar archive:
<http://bastropseniorcenter.com/archive0.html>

***Advisory Committee-** Mon. Feb. 5 – 1:00 p.m. The Committee wants to hear your ideas, suggestions, and complaints. **They must be signed and placed in the Red Suggestion Box.** Any member wanting to join this Committee should contact **Nancy Litzau** at 512-581-2036.

***Activity Committee** – Tues. Feb. 6 – 10:00 a.m. Members are encouraged to submit any ideas they have for special activities to the Activity Committee. Please feel free to attend the meeting if you are interested in being a member of this committee.

***TRIAD** – Wed. Feb. 7- 3:00 p.m. at the Senior Center. Come join TRIAD every first Wed. **Bastrop Police Department Officer Tamara McIntyre** and **S.O. Crime Prevention Deputy Craig Stalcup** talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email tmcintyre@cityofbastrop.org.

Thursday Lunches – Come and enjoy the fun
Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

***Speaker Sponsored Lunch** – Thurs. Feb. 1 – 11:30 a.m.
NOTE: Pot Luck lunch will be next week.

***Birthday Cake Day** – Thurs. Feb. 1 to celebrate all birthdays in February.

***Pot Luck Lunch** -Thurs. Feb. 8 – 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

***Lunch** – Thurs. Feb. 15 – 11:30 a.m. Come and join in the Valentine's Day Celebration fun.

***Lunch** -Thurs. Feb. 22 – 11:30 a.m.

***Board Meeting** – Tues. Feb 13 - 9:00 a.m. To address the Board, please turn in your request to President **Barbara Adkins**, or come and listen, so you will know things discussed, and decisions made.

TRIAD – Wed. Feb. 28- 3:00 p.m. at the Senior Center. Come join TRIAD every first Wed. **Bastrop Police Department Officer Tamara McIntyre** and **S.O. Crime Prevention Deputy Craig Stalcup** talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email tmcintyre@cityofbastrop.org.

***2018 Board Officers** – **Barbara Adkins** (President); **Mack Morgan** (Vice President); **Bobbie Pearson** (Treasurer); **Harold Courtney** (Secretary); **Bertha Bond**; **Amy Dittrich**; **Sharon Nokes**; **Shirley Tymel**; **Ray Catlett**; **Donna Bartsch**; **Judy Jaecks**, and **Pat Vineyard**. Thanks to our retiring board members for all their hard work.

***Stress Relief Coloring Class** – every Wed. – 10:00 to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

REMEMBER!!! 2018 dues are due now ensure you continue to receive the monthly newsletter and calendar and can participate in our activities.

***Volunteers of the Month** - Congratulations to **Charlie Carman** who is February's Volunteer of the Month. Charlie has been an active member of the Center for more than 25 years. He served many years on the board in various positions and was active with the Tuesday night Kitchen Pickers. The Center is fortunate to have Charlie as our "go to person" to help when anything needed to be done. Next time you see Charlie, please let him know how much you appreciate all he does for the Center.

***Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

***Veterans' pictures** –Another date and time will be scheduled later this year for those who still need pictures taken. Photographer Linda Bauer has volunteered to take the Veterans' pictures for us.

***Blood Pressure Checks:** Wesley Nurse **Sharlene Scheler** will be at the Center for blood pressure checks the second Thursday of each month from 10:00 to 11:00 a.m.

***Senior Safety Seminar** – Tues. Apr. 10, 2018 from 9:00 a.m. to noon. Focus will be on driving safety. This event is sponsored by **TRIAD** and the **Bastrop Senior Center**. Refreshments will be served and are sponsored by the **Greater Texas Federal Credit Union**. Door prizes will be given.

***Travel** – New England Fall Colors Tour – Oct 5-12. **Caravan Tours** may add another motor coach for this tour and is accepting names to go on a wait list for the tour. A decision will be made no later than May 15 on whether another motor coach is needed. Contact **Tracey Younes** at cell 512-784-4256 if you would like to be placed on their wait list for this tour. A copy of this information is on the bulletin board.

***Caring Corner** – Our wishes for continued recovery go to all the victims of the bus/train accident. Get well wishes go to **Minnie and Vernon Bartsch**; **Barbara Bienfang**; **Marie Hanna**; **Howard Jaecks**; **Bernadette Lycken**; **Linda Summer**; **Paul Tanner**; and **Jan Tate**. Our sympathy goes to **Linda Erwin** at the loss of her husband James, **Jean Zurow** and **Dennis Litman** at the loss of Dennis's brother Tom; and to **Marie and Paul Tanner** at the loss of their grandson Dillon. If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

Thought for the Month:

Great things never come from comfort zones!
Step out of your comfort zone and be amazed!