## Senior Scoop



## February 2019

Click link for Newsletter-Calendar archive: http://bastropseniorcenter.com/archive0.html

\*TRIAD – Mon. Feb. 4 – 9:00 a.m. at the Senior Center. Come join TRIAD every first Monday, Bastrop Police Department Officer Tamara McIntyre and Officer Robert Williams talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email tmcintyre@cityofbastrop.org.

\*Advisory Team – Mon. Feb. 4– 1:00 p.m. The team wants to hear from you with ideas, suggestions, and complaints. They must be signed and placed in the Red Suggestion Box but member's name remains confidential. Any member wanting to join this team should contact Nancy Litzau at 512-581-2036.

\*Community Outreach & Activity Team – Tues. Feb. 5 – 10:00 am. Members are invited to join and bring their ideas for special activities; special events; and speakers. Please feel free to attend the meeting if you are interested in being a member of the team.

<u>Thursday Lunches – Come and enjoy the fun</u> Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

\*Pot Luck Lunch — Thurs. Feb. 7—11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

\*Birthday Cake Day — Thurs. Feb. 7 to celebrate all birthdays in February.



<u>\*Lunch</u>-Thurs. Feb. 14–11:30 a.m. Come and enjoy our Valentine's Day Celebration. Wear red and enter to win a prize.

\*Lunch - Thurs. Feb. 21-11:30 a.m.

<u>\*Lunch - Thurs. Feb. 28–11:30 a.m. Speaker will be</u> Alisha Roman from Towers Nursing Home in Smithville. Come hear what she has to say.

\*Board Meeting – Tues. Feb. 12- 10:00 a.m. To address the Board, please turn in your request to **President Judy Jaecks**, or come and listen, so you will know things discussed, and decisions made. Please note the new time change for the Board Meetings.

\*Stress Relief Coloring Group — every Wed. — 10:00 am to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

\*Sewing & Craft Group — The group will now meet every Tuesday from 11 a.m. to 1 p.m. Bring your own supplies (portable sewing machine, materials, craft items, etc.) and join in the fun. Members interested in participating should contact **Sharla Courtney** at 901-395-7773 for more information.

REMEMBER!!! 2019 dues are due now to ensure you continue to receive the monthly newsletter and calendar and can participate in our activities.

Dues are \$25 per year.

\*2019 Board Officers – Judy Jaecks (President);
Pat Vineyard (Vice President); Mary Francis
Testani (Treasurer); Kathy Metcalf (Secretary);
Marcella Bever: Geraldine Castillo; Harold
Courtney; Hank James; Vicki Korn: Dennis
Litman; Mack Morgan. Thanks to our retiring board
members for all their hard work.

\*Veterans Pictures – Tues. Feb. 19 – 10:00 a.m. – Noon. Linda Bauer will be at the Bastrop Senior Center to take pictures of our members who are veterans and have not had their picture taken to put on our Veterans' Wall.

\*Attention Poker Players: Per written request, please start games on Thursdays at 1:00 pm to allow those members who help clean up the kitchen after the luncheon to participate in the games.

\*Volunteers of the Month – Congratulations to Becky Neal who is the Volunteer of the Month for February. Becky has been a member of the Senior Center for several years. She willingly helps with Thursday luncheons by collecting tickets and serving food; and always helps with cleanup for various activities at the Center. She enjoys playing poker, bingo, and Bunco. Please let Becky know how much you appreciate all she does for the Center.

\*Bingo – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 - 12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

<u>\*Pet Lovers</u> – There is a box available for members to donate items for the Bastrop Animal Shelter. These items will be taken to the shelter periodically.

\*Caring Corner – Get well wishes go to Darwyn Hanna and Catalina Slay for continued recovery. Our sympathy goes to the family of Andrew (Andy) Blaschke at their loss. If you know of a member who has been ill, had surgery, or passed away, please notify Mary Lucas at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards

## **Thoughts for the Month:**

Confidence: Never be afraid to journey into the unknown.