

Senior Scoop



January 2019

Click link for Newsletter-Calendar archive:
<http://bastropseiorcenter.com/archive0.html>

*****HAPPY NEW YEAR!!!!** Let's celebrate as we look forward to new members, new ideas, and great special events to make this year great for our members; our Senior Center; and our community!

Center closed on New Year's Day -January 1, 2019

***TRIAD** – Mon. Jan. 7 – 9:00 a.m. at the Senior Center. Come join TRIAD every first Monday, Bastrop Police Department Officer Tamara McIntyre and Officer Robert Williams talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email tmcintyre@cityofbastrop.org.

Advisory Team - Mon. Jan. 7– 1:00 p.m. The team wants to hear from you with ideas, suggestions, and complaints. They must be signed and placed in the Red Suggestion Box but member's name remains confidential. Any member wanting to join this team should contact **Nancy Litzau** at 512-581-2036.

***Community Outreach & Activity Team** – Tues. Jan 8 – 10:00 am. Members are invited to join and bring their ideas for special activities; special events; and speakers. Please feel free to attend the meeting if you are interested in being a member of the team.

Thursday Lunches – Come and enjoy the fun
Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

***Pot Luck Lunch – Thurs. Jan. 3– 11:30 a.m.**
Come; enjoy; and bring your favorite food to share with everyone.

***Birthday Cake Day – Thurs. Jan. 3 to celebrate all birthdays in January.**

***Lunch -Thurs. Jan. 10– 11:30 a.m.**

***Lunch - Thurs. Jan. 17 – 11:30 a.m. Guest speaker will be from Encompass Health to provide information to members.**

***Lunch -Thurs. Jan. 24– 11:30 a.m. Guest speaker will be from Towers Nursing Home in Smithville to provide information to members.**

***Lunch -Thurs. Jan. 31– 11:30 a.m.**

***Board Meeting** – Tues. Jan 8 11 - 9:00 a.m. To address the Board, please turn in your request to President Barbara Adkins, or come and listen, so you will know things discussed, and decisions made

***Stress Relief Coloring Group** – every Wed. – 10:00 am to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

REMEMBER!!! Dues are now paid January 1 through January 31 of each year. This also ensures you continue receiving the monthly Senior Scoop newsletter and calendar.

***Fund Raiser** – Gun Raffle – Congratulations to Jose Alvarez as the winner of the Gun Raffle!

***Sewing & Craft Group** – The group will now meet every Tuesday from 11 a.m. to 1 p.m. Bring your own supplies (portable sewing machine, materials, craft items, etc.) and join in the fun. Members interested in participating should contact **Sharla Courtney** at 901-395-7773 for more information.

***Attention Poker Players:** Per written request, please start games on Thursdays at 1:00 pm to allow those members who help clean up the kitchen after the luncheon to participate in the games.

***Volunteers of the Month** – Congratulations to **Byrlene Jones and Myrlene Saegert** (twin sisters) who are the Volunteers of the Month for December. Byrlene and Myrlene have been members of the Senior Center for several years and enjoy line dancing. They are very active at the Tuesday night Kitchen Picker event doing whatever needs to be done to ensure everyone has an enjoyable evening. The next time you see Byrlene and Myrlene let them know you appreciate what they do for the Center.

***Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

***Pet Lovers** – There is a box available for members to donate items for the Bastrop Animal Shelter. These items will be taken to the shelter periodically.

***Caring Corner** – Get well wishes go to **Darwyn Hanna**. Our sympathy goes to **Irma Schoen** at the loss of her daughter. If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

Thoughts for the Month:

Go the Extra Mile... It's Never Crowded!

Integrity is doing the right thing when no one's watching; that's when we find out who we really are!