

# Senior Scoop



# July 2018

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<http://bastropseniorcenter.com/archive0.html>

**Great News!! We have moved to our new location at 1209 Linden St., Building 1. Plan to stop buy and visit with us at our new location.**

**\*Advisory Committee-** Mon. July 2 – 1:00 p.m. The Committee wants to hear your ideas, suggestions, and complaints. They must be signed and placed in the Red Suggestion Box. Any member wanting to join this Committee should contact Nancy Litzau at 512-581-2036.

**\*Activity Committee** – Tues. July 3 – 10:00 a.m. Members are encouraged to submit any ideas they have for special activities to the Activity Committee. Please feel free to attend the meeting if you are interested in being a member of this committee.

**\*Center Closed Wednesday, July 4<sup>th</sup>.**

**\*TRIAD – No TRIAD meeting in July. Next meeting will be August 1<sup>st</sup>.**

**Thursday Lunches** – Come and enjoy the fun Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

**\*Pot Luck Lunch** – Thurs. July 5 – 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

**\*Birthday Cake Day** – Thurs. July 5 to celebrate all birthdays in July.

**\*Lunch** -Thurs. July 12– 11:30 a.m.

**\*Lunch** – Thurs. July 19 – 11:30 a.m.

**\*Lunch** - Thurs. July 26 – 11:30 a.m.

**\*Board Meeting** – Tues. July 10 - 9:00 a.m. To address the Board, please turn in your request to President Barbara Adkins, or come and listen, so you will know things discussed, and decisions made

**\*Stress Relief Coloring Group** – every Wed. – 10:00 am to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

**\*Sewing & Craft Group** – This is a new activity for members. The group will meet on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of each month from 11 am to 1 pm. Bring your own supplies (portable sewing machine, materials, craft items, etc.) and join in the fun. Members interested in participating should contact Sharla Courtney at 901-395-7773 for more information.

**\*NOTE: Timeframe for exercise on Thursdays will now be from 10:00 am to 11:00 am.**

**\*Fund Raiser - Quilt Raffle** – Mar. 31 - Jul. 31 -Drawing to be held at the luncheon on Aug. 2 and you don't need to be present to win. Tickets are \$1.00 each or six (6) tickets for \$5.00. Volunteers are needed to help sell tickets and those interested in helping should contact **Pat Vineyard** and **Geraldine Castillo** who are the co-chairs for this raffle.

**\*Volunteer of the Month** – Congratulations to **Mike Walston** who is our Volunteer of the Month for July. Mike is an active member who enjoys playing poker; is one of our purchasers for supplies at Sam's and willing helps wherever he can. Mike worked diligently to put the items we moved to the new center in the storage room safely out of the way. Mike is always pleasant and readily has a smile for everyone. The next time you see Mike let him know how much you appreciate everything he does for the Center.

**\*Signing In** – During our move members weren't required to sign in daily; however, that has changed back and everyone (members/non-members) need to stop at the office and sign in when they come to the Center to ensure we have accurate information on the number of individuals entering the Center if needed

**\*Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

**\*Bunco** – Bunco for July will be held on Wednesday from 9:00 am to noon. The cost is \$5.00 per person and you must be a paid up member to play.

**\*Pet Lovers** – There is a box available for members to donate items for the Bastrop Animal Shelter. These items will be taken to the shelter periodically.

**\*Caring Corner** –Get well wishes go to **Ray Catlett, Helen Daily; Georgina (Gwen) Herndon, Burl Moreland, and Jonell Norris**. Our sympathy goes to **Brenda Shuler** at the loss of her sister; **Maureen & Paul Tanner** at the loss of their son, **Carol Horyza** at the loss of her father and **Carlene Tomlin** at the loss of her husband. If you know of a member who has been ill, had surgery, or passed away, please notify Mary Lucas at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

## Thoughts for the Month:

You have to be *odd* to be number *one*.

Inhale Confidence. Exhale Doubt.