

# Senior Scoop



March 2019

Click link for Newsletter-Calendar archive:  
<http://bastropseniorcenter.com/archive0.html>

**\*TRIAD** – Mon. Mar. 4 – 9:00 a.m. at the Senior Center. Come join TRIAD every first Monday, Bastrop Police Department Officer **Tamara McIntyre** and Officer **Robert Williams** talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email [tmcintyre@cityofbastrop.org](mailto:tmcintyre@cityofbastrop.org).

**\*Advisory Team** – Mon. Mar. 4– 1:00 p.m. The team wants to hear from you with ideas, suggestions, and complaints. They must be signed and placed in the Red Suggestion Box but member's name remains confidential. Any member wanting to join this team should contact **Nancy Litzau** at 512-581-2036.

**\*Community Outreach & Activity Team** – Mon. Mar. 4 – 10:00 am. Members are invited to join and bring their ideas for special activities; special events; and speakers. Please feel free to attend the meeting if you are interested in being a member of the team.

**Thursday Lunches – Come and enjoy the fun**  
Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

**\*Pot Luck Lunch** – Thurs. Mar. 7– 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

**\*Birthday Cake Day** –  
Thurs. Mar. 7 to celebrate all birthdays in March, including the birthday of **Dr. Seuss**.



**\*Lunch** -Thurs. Mar. 14– 11:30 a.m. Come and enjoy our St. Patrick's Day Celebration. Wear green and enter to win a prize. Guest speaker will be a representative from Kindred Hospice.

**\*Lunch** - Thurs. Mar. 21– 11:30 a.m.

**\*Lunch** -Thurs. Mar. 28– 11:30 a.m.

**\*Board Meeting** – Tues. Mar. 12- 10:00 a.m. To address the Board, please turn in your request to **President Judy Jaecks**, or come and listen, so you will know things discussed, and decisions made. Please note the new time change for the Board Meetings.

**\*Stress Relief Coloring Group** – every Wed. – 10:00 am to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

**\*Volunteer of the Month** – Congratulations to **Ray Catlett** who is the Volunteer of the Month for March. Ray has been a member of the Senior Center for several years and has served as a previous board member. He enjoys playing SkipBo; attends activities at the Center and always helps with cleanup for those activities. Please let Ray know how much you appreciate all he does for the Center.

**\*Sewing & Craft Group** – The group will now meet every Tuesday from 11 a.m. to 1 p.m. Bring your own supplies (portable sewing machine, materials, craft items, etc.) and join in the fun. Members interested in participating should contact **Sharla Courtney** at 901-395-7773 for more information.

**\*Senior Safety Event** – This event will be held on Tues. April 23<sup>rd</sup> from 9:00 a.m. to noon and is sponsored by **TRIAD** and the **Bastrop Community Senior Center**. More information will be posted in the April Scoop.

**\*Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 - 12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

**\*Pet Lovers** – There is a box available for members to donate items for the Bastrop Animal Shelter. These items will be taken to the shelter periodically.

**\*Caring Corner** – Get well wishes go to **Darlene Gahm, Darwyn Hanna, Carol Hollingsworth, Lucille Reiley, and Catalina Slay** for continued recovery. Our sympathy goes to **Curtis and Naomi Alford** at the loss of their granddaughter. If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

## Thought for the Month:

**Leadership is the passage to accomplishment!**