

Senior Scoop



March 2018

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<http://bastropseniorcenter.com/archive0.html>

***Work Day – Sat. Mar. 3 – 9:00 a.m. to 3:00 pm.**
Volunteers are needed to help clean tables/chairs and clear out closets/cabinets in preparation for our move. Each activity group should have a member participate in the work day. A sign-up sheet will be available at the office for those available to work. Once completed, we can better assess what packing materials are needed.

***Advisory Committee-** Mon. Mar. 5 – 1:00 p.m. The Committee wants to hear your ideas, suggestions, and complaints. **They must be signed and placed in the Red Suggestion Box.** Any member wanting to join this Committee should contact **Nancy Litzau** at 512-581-2036.

***Activity Committee** – Tues. Mar. 6 – 10:00 a.m. Members are encouraged to submit any ideas they have for special activities to the Activity Committee. Please feel free to attend the meeting if you are interested in being a member of this committee.

***TRIAD** – No meeting in March.

Thursday Lunches – Come and enjoy the fun
Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

***Pot Luck Lunch** – Thurs. Mar. 8 – 11:30 a.m.
Come; enjoy; and bring your favorite food to share with everyone. Help celebrate “Go Texas Day” and wear your western gear and you can even bring your favorite stick horse as a visitor).

***Birthday Cake Day** – Thurs. Mar. 8 to celebrate all birthdays in March.

***Lunch** -Thurs. Mar. 15– 11:30 a.m.

***Lunch** – Thurs. Mar. 22 – 11:30 a.m.

***Lunch** -Thurs. Mar. 29 – 11:30 a.m.

***Board Meeting** – Tues. Mar. 13 - 9:00 a.m. To address the Board, please turn in your request to President Barbara Adkins, or come and listen, so you will know things discussed, and decisions made. **NOTE: Donna Bartsch and Sharon Nokes** resigned from the board in February. **Geraldine Castillo** is replacing Donna and **Dennis Litman** is replacing Sharon. Thanks to both ladies for serving on our board.

***Stress Relief Coloring Class** – every Wed. – 10:00 to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

***Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

REMEMBER!!! 2018 dues are due to ensure you continue to receive the monthly newsletter and calendar and can participate in our activities.

***BAKE SALE!!** – Friday, Mar. 30 - 8:00 am to noon. The Bake Sale will be at both First National Banks (the main bank on Hwy 71 by Bealls and the branch on Main Street). The Center has runners to take the baked goods to the banks. Baked goods may be brought to the Center on Thursday or taken to the individual banks. You may be asked to BAKE, BUY OR DONATE. Please, no store bought goods. If you can't bake, please DONATE OR BUY OR DO BOTH!!! **Judy Jaecks and Geraldine Castillo** are co-chairs for this fundraiser.

***Senior Safety Event** – Tues. Apr. 10, 2018 from 9:00 a.m. to noon. Focus will be on topics related to safety for seniors. This event is sponsored by **TRIAD** and the **Bastrop Senior Center**. Refreshments will be served and are sponsored by the **Greater Texas Federal Credit Union**. Door prizes will be given.

***Blood Pressure Checks:** Wesley Nurse Dalila Page will be at the Center for blood pressure checks the second Thursday of each month from 9:00 to 10:00 a.m.

***Volunteer of the Month** - Congratulations to **Ruth Bullock** who is March's Volunteer of the Month. Ruth has been a member of the Center for several years; served on the board for three years – the last two years as the Treasurer; and will be serve on the Finance Committee this year. As a retired Austin Police Officer, she is very active with the 100 Club of Texas and works closely with law enforcement officers on numerous programs. Next time you see Ruth, please let her know how much you appreciate all she does for the Center.

***Veterans' pictures** –Another date and time will be scheduled later this year for those who still need pictures taken. Photographer Linda Bauer has volunteered to take the Veterans' pictures for us.

***Caring Corner** –Get well wishes go to **Minnie and Vernon Bartsch; Barbara Bienfang; Bernadette Lycken; Linda Summer; and Lowell Luttrell**. Our sympathy goes to **Judy Jaecks** at the loss of her husband Howard and **Marilyn Rutherford** at the loss of her brother. If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

Thoughts for the Month:

Failure to plan is planning to fail!
The nicest thing about the future is that it always starts tomorrow.