

Senior Scoop



May 2019

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***TRIAD** – Mon. May 6 – 9:00 a.m. at the Senior Center. Come join TRIAD every first Monday, Bastrop Police Department Officer **Tamara McIntyre** and Officer **Robert Williams** talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email tmcintyre@cityofbastrop.org.

***Advisory Team** – Mon. May 6– 1:00 p.m. The team would like to hear from you with ideas, suggestions, and complaints. They must be signed and placed in the Red Suggestion Box but member's name remains confidential. Any member wanting to join this team should contact **Nancy Litzau** at 512-581-2036.

***Community Outreach & Activity Team** – Mon. May 6 – 1:30 pm. Members are invited to join and bring their ideas for special activities; special events; and speakers. Please feel free to attend the meeting if you are interested in being a member of the team.

Thursday Lunches – Come and enjoy the fun
Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

***Pot Luck Lunch** – Thurs. May 2– 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

***Birthday Cake Day** – Thurs. May 2 to celebrate all birthdays in May.



***Lunch** -Thurs. May 9– 11:30 a.m. Come and enjoy some delicious food.

***Lunch** - Thurs. May 16– 11:30 a.m. Speaker **Linda Johnston** will cater our Mother's Days Celebration luncheon sponsored by Marrs-Jones-Newby Funeral Home. Come and join us for some delicious food and help us as we honor all the ladies.

***Lunch** -Thurs. May 23– 11:30 a.m. Come and enjoy some delicious food.

***Lunch** –Thurs. May 30– 11:30 a.m. Come and enjoy some delicious food.

***Board Meeting** – Tues. May 14 - 10:00 a.m. To address the Board, please turn in your request to **President Judy Jaecks**, or come and listen, so you will know things discussed, and decisions made. Please note the new time change for the Board Meetings.

***Sewing & Craft Group** – The group will now meet every Tuesday from 11 a.m. to 1 p.m. Bring your own supplies (portable sewing machine, materials, craft items, etc.) and join in the fun. Members interested in participating should contact **Sharla Courtney** at 901-395-7773 for more information.

***Stress Relief Coloring Group** – every Wed. – 10:00 am to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

***Volunteers of the Month** – Congratulations to **Mike and Cathy Turner** who are the Volunteers of the Month for May. Mike and Cathy have been active members of the Senior Center for several years and both have served on various committees and on the board. Mike is one of our supply coordinators who ensure supplies are available for the various activities at the Senior Center and Cathy is the lead for the COAT Team. Both Mike and Cathy are avid poker players but also enjoy painting bowls for the Bastrop Emergency Food Panty; playing Bunco; and constantly help wherever they can. Please let Mike and Cathy know how much you appreciate all they do for the Center.

***BAKE SALE!!** – Special thanks to **Geraldine Castillo** for coordinating the bake sale and to everyone who helped make the bake sale successful.

***Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 - 12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

***Book Library** – The Center has books available for members use. Members can donate books or exchange their books for those currently on the bookshelves. Check to see what interesting topics and authors are available for your reading pleasure.

***Pet Lovers** – There is a box available for members to donate items for the Bastrop Animal Shelter. These items will be taken to the shelter periodically.

***Caring Corner** – Get well wishes go to **Linda Chambless, Darlene Gahm, Darwyn Hanna, Judy Hawes; Carol Hollingsworth, and Catalina Slay** for continued recovery. If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

Thoughts for the Month:

Reflection: introspection is the key to self-awareness!

**The power of one man or one woman doing the right thing for the right reason, and at the right time is the greatest influence in our society-
Jack Kemp**