

Senior Scoop



October 2018

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<http://bastropseniorcenter.com/archive0.html>

***Advisory Committee-** Mon. Oct 1 – 1:00 p.m. The Committee wants to hear your ideas, suggestions, and complaints. They must be signed and placed in the Red Suggestion Box. Any member wanting to join this Committee should contact **Nancy Litzau** at 512-581-2036.

***Community Outreach & Activity Team** – Tues. Oct. 2 – 10:00 a.m. The Activity Committee name changed to include outreach activities we can help various organizations with in Bastrop. The team is desperately seeking members to join them and bring their ideas for special activities for all members. Please feel free to attend the meeting if you are interested in being a member of this team.

***Office Volunteer Training** – Tue. Oct 2 – Noon – 2:00 pm. Members should attend this training so they are able to work as an office volunteer.

***Office Volunteer Training** – Wed. Oct 3 – 1:00 – 3:00 p.m. Members should attend this training so they are able to work as an office volunteer.

***TRIAD** – Wed. Oct. 3- 3:00 p.m. at the Senior Center. Come join TRIAD every first Wed. Bastrop Police Department Officer Tamara McIntyre and Officer Robert Williams talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email tmcintyre@cityofbastrop.org.

Thursday Lunches – Come and enjoy the fun

Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.

***Pot Luck Lunch** – Thurs. Oct. 4 – 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

***Birthday Cake Day** – Thurs. Oct. 4 to celebrate all birthdays in October.

***Lunch** -Thurs. Oct. 11– 11:30 a.m. Guest speak will be Sheila Lowe from the Long Term Recovery Team.

***Lunch** - Thurs. Oct. 18 – 11:30 a.m. Guest speaker Marissa Williams will cater the luncheon sponsored by Bastrop Lost Pines Nursing & Rehab.

***Lunch** - Thurs. Oct. 25 – 11:30 a.m. A Halloween Party is planned so be sure to dress in your favorite Halloween costume.

***Board Meeting** – Tues. Oct. 9 - 9:00 a.m. To address the Board, please turn in your request to President **Barbara Adkins**, or come and listen, so you will know things discussed, and decisions made

***Stress Relief Coloring Group** – every Wed. – 10:00 am to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

***Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

***Lunch & Learn Seminar**– Tues. Oct. 16 – 11:30 a.m. Linda Johnston from Marrs Jones Newby Funeral Home is hosting a FREE Advance Planning Seminar Lunch & Learn for Bastrop Senior Center members and their friends. Come; enjoy lunch; and learn about the end-of-life planning needed to protect your family in the future. Information will include several important subjects with a Question and Answer session to follow. Advance registration is required to assist us in preparations. Please call **Linda** at 512-983-3291 to make a reservation before October 12th.

***Annual Craft Show** – Sat. Nov. 3 – 9:00 a.m. to 3:00 p.m. Doors open at 9:00 a.m. so shop early for your holiday gifts. Contact the Bastrop Community Senior Center if you have questions.

***Annual Meeting** – Thurs. Nov. 15 – PLEASE NOTE THE BUSINESS MEETING WILL BEGIN AT 11:00 a.m. Lunch will start at noon and games will begin after the meeting ends.

***Fund Raiser – Gun Raffle** – Sept. 1 to Dec. 5 Drawing to be held at the luncheon on Dec. 6 and you don't need to be present to win. Tickets are \$2.00 each or six (6) tickets for \$10.00. Volunteers are needed to help sell tickets and those interested in helping should contact **Mike Turner or Mack Morgan**.

***Senior Health Event** – The event was a great success with approximately 50 people attending. Thanks to HEB for providing flu shots; Officer McIntyre from the Bastrop Police Dept. providing Senior ID kits; and to all the providers for their participation.

***Volunteer of the Month** – Congratulations to **Vicki James** who is our Volunteer of the Month for October. Vickie is of the Senior Center for several years and volunteers every Tuesday night to help with the Kitchen Pickers event. She willingly stepped up at the last minute to help sell quilt tickets whenever needed. She volunteers at the Bastrop County Sheriff's office and graciously made headbands for the Kitchen Picker band members and anyone who has a cowboy hat. When you see Vicki let her know you appreciate everything she does for the Center.

***Sewing & Craft Group** – The group meets on the 2nd and 4th Tuesday of each month from 11 am to 1 pm. Bring your own supplies (portable sewing machine, materials, craft items, etc.) and join in the fun. Contact Sharla Courtney at 901-395-7773 for more information.

***Caring Corner** –Get well wishes for a speedy recovery go to **Pat Malerk, Seena Sharp, Burl Moreland, and Edith Walsh**. Our sympathy goes **Mary Ann Townsend** at the loss of her sister; **Ray Dudley** at the loss of his son; If you know of a member who has been ill, had surgery, or passed away, please notify **Mary Lucas** at 512-321-6648 so those folks are mentioned in our newsletter and she can send them cards.

Thought for the Month:

You cannot make the same mistake twice.
The second time you make it, it's no longer a
mistake. It's a choice