

# Senior Scoop



# September 2017

Click link for Newsletter-Calendar archive:

<http://bastropseniorcenter.com/archive0.html>

\***Advisory Committee**- Mon. Sept. 4 – 1:00 p.m. The Committee wants to hear your ideas, suggestions, and complaints. **They must be signed and placed in the Red Suggestion Box.** Any male members wanting to join this Committee should contact **Nancy Litzau** at 512-581-2036.

\***Activity Committee** – Tues. Sept. 5 – 10:00 a. m. Members should submit any ideas they have for special activities or events to the Activity Committee. Please feel free to attend the meeting if you are interested in being a member of this committee.

\***TRIAD** – Wed. Sept. 6 at 3 p.m. at the Senior Center. Come join TRIAD every first Wed. **Bastrop Police Department Officer Tamara McIntyre** and **S.O. Crime Prevention Deputy Craig Stalcup** talk about the latest scams, frauds, and safety tips. For more information, contact Officer Tamara McIntyre at 512-332-8610 or email [tmcintyre@cityofbastrop.org](mailto:tmcintyre@cityofbastrop.org)

**Thursday Lunches – Come and enjoy the fun**  
**Remember to sign up by Monday at 11:00 a.m. for the Thursday luncheon that week.**

\***Pot Luck Lunch** – Thurs. Sept. 7 – 11:30 a.m. Come; enjoy; and bring your favorite food to share with everyone.

\***Birthday Cake Day** – Thurs. Sept. 7 to celebrate all birthdays in September.

\***Lunch** -Thurs. Sept. 14 – 11:30 a.m. Come and join in in our “Back to School Celebration”.

\***Lunch** -Thurs. Sept. 21 – 11:30 a.m.

\***Lunch** -Thurs. Sept. 28 – 11:30 a.m.

\***Board Meeting** – Tues. Sept. 12 - 9:00 a.m. To address the Board, please turn in your request to President **Barbara Adkins**, or come and listen, so you will know things discussed, and decisions made.

\***Stress Relief Coloring Class** – every Wed. – 10:00 to noon. Bring your own supplies (books, colors, etc.) and join in the fun. If this is your first time attending the class, supplies will be provided for you.

\***Bingo** – Speed Bingo every Friday from 9:00 to 10:00 a.m. Regular Bingo is every Friday from 10 -12. Come and join the fun. Cards are \$.50 for regular Bingo and \$.25 per card per game for Speed Bingo.

\***Book Library** – The Center has books available for member’s use. Members can donate books or exchange their books for those currently on the bookshelves. Check to see what interesting topics and authors are available for your reading pleasure.

\***Pet Lovers** – There is a box available for members to donate items for the Bastrop Animal Shelter. These items will be taken to the shelter periodically.

\***Fund Raiser - Quilt Raffle** – June 9 to Oct. 31 -Drawing to be held at the luncheon on Nov. 2 and you don’t need to be present to win. Tickets are \$1.00 each or six (6) tickets for \$5.00. Volunteers are needed to help sell tickets and those interested in helping should contact **Barbara Adkins**.

\***Fund Raiser – Gun Raffle** – Sept. 1 to Nov. 16-Drawing to be held at the luncheon on Nov. 16 and you don’t need to be present to win. Tickets are \$1.00 each or six (6) tickets for \$5.00. Volunteers are needed to help sell tickets and those interested in helping should contact **Mike Turner or Mack Morgan**.

\***Senior Health Event** – Tues. Sept. 26 from 9:00 a.m. to noon. Flu shots will be provided by HEB Pharmacy and you will need to provide your health insurance information. Senior ID Kits will be provided by the Bastrop Police Dept. Individuals from various organizations will set up display tables and you can visit with them and ask questions. This event is sponsored by **TRIAD** and the **Bastrop Senior Center**. Refreshments will be served. **No exercises on this day.**

\***Volunteer of the Month** - Congratulations to **Judy Harding**. Judy is actively involved with the quilters; the paint group; and is one of our line dancers. She volunteers to work in the office and helps wherever she can. Judy loves to bake and everyone enjoys her desserts when she brings them to the Center. Next time you see Judy let her know you appreciate all she does for the Center.

\***Back to School Supplies** - Donations for school supplies will be accepted at the Thursday luncheons throughout the month of September. The Activity Committee will distribute the supplies to the school(s) in October.

\***Signing In** - We are periodically asked to provide information on the number of individuals attending the Center daily, weekly, or monthly. Everyone needs to stop at the office and sign in when they come to the Center to ensure we have accurate information to provide.

\***Travel 2018** – New England Fall Foliage tour for October, 2018 is available for pre-registration. Detailed information and a sign-up sheet are available at the Senior Center office.

\***Caring Corner** – Our wishes for continued recovery go to all the victims of the bus/train accident. Get well wishes for a speedy recovery go to **Barbara Bienfang, Leola Carman, and Grace Moore**. If you know of a member who has been ill, has had surgery, or has passed away, please notify the Office Coordinator **Pat Malerk** or other Office Staff to ensure those folks are mentioned in our newsletter.

## Thought for the Month

**Everyone is a prisoner of his own experiences. No one can eliminate prejudices – just recognize them.**

**Author: Edward R. Murrow**